

The Fittleworth Post



Dear Friends of Fittleworth

Welcome to our June E-Newsletter.

The lazy, hazy days of summer are here... at long last we can get out into our gardens and enjoy some fresh air.

Whilst we have been waiting for summer to arrive, we have been busy raising money for MS, everyone that took part baked cakes, walked or cycled around the Goodwood Track. The Wessex Stoma Support Group visited our offices in Littlehampton and a good day was had by all.

Also, the Fittleworth Store are now able to supply a range of incontinence Bed Pads at very competitive prices. To view the full range, visit our website www.fittleworth.com/store.

Going Away on holiday? Even if you are away on holiday and you find yourself in need of [emergency supplies](#), we will get your goods to you, no paperwork, no worries and no fuss!

Did you know?

- We have recently launched our new online store. The [Fittleworth Store](#) where you can purchase men's and women's incontinence underwear at a special introductory price until 31.08.2013 with FREE delivery too!
- We have also expanded our online presence with a new ['Linkedin'](#) page for Fittleworth
- We have over 30 Care Centres throughout the UK, with centres in [Glasgow](#) and [Edinburgh!](#)
- To find out what is happening near you, check out the [events](#) section of our website

As always, we hope you find the information within this newsletter valuable and interesting. We would love your feedback and welcome any stories you would like to share with us! All you need to do is email us at marketing.team@fittleworth.com.

Thank you to those who have contributed so far.

All the best

The Fittleworth Team

Mitrofanoff Support

Mitrofanoff Support's aim is to offer support, reassurance, information and networking to anyone who may be about to have, or already has a Mitrofanoff and those close to them. (To find out more about the Mitrofanoff procedure [click here](#)).

Mitrofanoff Support was founded in early 2010 by Kyla Rogers, as she felt there was not enough support and guidance for those with a Mitrofanoff. The charity is based in Bournemouth and operates nationally.

The charity's primary role is to represent the interests of people with a Mitrofanoff by raising awareness of the procedure and also what it is like to have a continent stoma and what it means to live with a Mitrofanoff. By doing this, we hope to address the general lack of public knowledge, present and future.

The charity holds two Patient Education Days per year, in the Spring and Autumn varying the locations around the country where people with a shared condition can discuss their experiences and enjoy some social interaction, while giving guidance and often hope to people at the beginning of the process who have attended in search of answers and reassurance.

[Click here](#) to read more

Special Introductory Offer...

FREE DELIVERY with promotional code: **FREEDL**
SAVE £5.99 on postage on all orders until **31.08.13**

You can now buy men's and women's incontinence underwear online at the Fittleworth Store!!

Check out our website:

www.fittleworth.com/store



- Underwear is available to purchase individually (£9.99) or as a pack of 3 (£24.99)
- These goods are non-prescription items
- Pants are for light to moderate incontinence only.

Visit our [online store](#) today!

Dates for your diary...

Christmas Card Competition – Voting is now closed

Voting for the Fittleworth Christmas Card competition is now closed.

We would like to thank everyone who has taken part in this competition from the children who sent in their wonderful entries, to all who took the time to vote for their favourite.

The lucky winner will be announced in the July issue of The Fittleworth Post.

Thank you all for your support.

Mobility Roadshow

Date: 27th to 29th June 2013
Time: 10am to 4pm

The Mobility Roadshow 2013 is the UK's most comprehensive event of its kind, it is THE annual mobility and lifestyle consumer event, showcasing a huge variety of products and services to aid an independent lifestyle.

The Mobility Roadshow aims to give anyone with a mobility problem - drivers, passengers, adults and children the chance to assess what is available to help solve that problem and most importantly to try out and evaluate the options in a 'no pressure' environment.

Come and see us on stand B26 and find out how we can help you.

Please [click here](#) to find out more about Mobility Roadshow.

Colostomy Association Patient Open Day

Date: 20th July 2013
Time: 9.30am to 4pm

The Colostomy Association reaches out to ensure that no one living with a Stoma and Colostomy need ever feel alone!

Building on the success of previous Patient Open Day events, the Colostomy Association is holding another event on 20th July in Reading.

Please [click here](#) to find out more.

Other Useful Dates

Fathers Day

Date: 16th June

Midsummers Day

Date: 24th June

It's a Cracker!

What's the most popular gardening magazine in the world?

Weeders Digest!

Did you Know?

In 2014, we will be celebrating 30 years of providing a secure home delivery service!

Me, You and Fred

There are three of us in this marriage, me (Wendy), my husband David and Fred. We were a normal couple until a few months ago but now wherever David goes Fred comes too. Sometimes we don't notice him but sometimes he can be quite a pain and David pays more care and attention to him than he does me.

Perhaps I should explain about Fred: Last year through the post David, who was a very fit and active 66 year old, received a test pack from Bowel Screening Wales. (The poo pack as we affectionately call it). David was reluctant to bother with the slightly messy business of proving a stool sample, but wifely nagging prevailed. We were very surprised when a further pack arrived with a letter explaining that some abnormalities had been found and a repeat was necessary.

After this was checked, further tests were deemed necessary and David was told he would need a colonoscopy, where a camera would be inserted through his back passage into his bowel to check where the blood that they had found in his samples was coming from.

[Click here](#) to read more

Exclusive Offer

We have arranged with our friends at Pos'ability Magazine to give you, our Fittleworth Friends a very fittleworthy offer to subscribe to their fabulous magazine.

Simply quote 'Fittleworth' when you contact them at <http://posabilitymagazine.co.uk/contact-us/> and you can receive the following:

- £8 for 1 year subscription - Normally £12
- £15 for 2 years subscription - Normally £20



One of the many great stories that are in the Pos'ability Magazine can be read by [clicking here](#).

We hope that you have enjoyed reading this. It would be great to have your feedback, so please tell us what you think!

Take Care

The Fittleworth Team

p.s. if you wish to unsubscribe to this newsletter [click here](#)

p.p.s. we really hope you don't unsubscribe!

Fittleworth win the Stomawise 'Most Helpful/Reliable Delivery Company' Award 2012 for the second year running

Stomawise are a UK support network for Ostomates. Their website www.stomawise.co.uk provides a central point where Ostomates can find information and answers relating to their condition.

In November last year, we were listed as finalists for the Stomawise 'Golden Owl' award and have now been voted 'Most Helpful/Reliable Delivery Company' by our clients for the second time.

After two months of customer voting, we were notified in the New Year that we had won this prestigious award. We are extremely proud to have won the award for the second year running. To read the full story [click here](#).

We would like to thank everyone who took the time to vote, we could not have won without you.

Thank you!

Interesting Fact:

Did you know!

You begin to feel thirsty when your body loses 1% of water!

Hero of the Month:



Freephone: National:
0800 378 846
Freephone Scotland:
0800 783 7148

We are Social:



[follow on Twitter](#) | [friend on Facebook](#) | [watch on YouTube](#) | [forward to a friend](#)

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